

A GUIDE TO
BECOMING
THE BEST ME

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We all want to be better than we were yesterday. And we are all working towards something. So it is important to remember that defining our foundation is as important as defining our desired destination. This tool will help you to do both.

- Foundation
- Desired Destination

FOUNDATION

Our Foundation is made up of who we are and what we are called to. I like to call these our purpose, principles, and passions.

Whether this is your first time defining these things, or you have done it for many years, take time to write out each area of your Foundation below.

- Purpose
- Principles
- Passions

Purpose

This is the reason by which you believe you stand on this earth. Why are you here? What were you created to accomplish? Some may call this your “why” or your “mission”.

Principles

These are deep-seated beliefs about who you are and how you want to be represented. They made include single words or simple statements. Most people desire to live and breathe these principles and do their best to make all of their decisions using their principles as a filter.

Passions

These are the things that get you out of bed every day, light a fire under you, or would cause you to go to the ends of the earth to care for and protect. They may also include things that excite you and have you always speaking about.

DESIRED DESTINATION

- Personal
- Professional
- Financial
- Relational
- Spiritual

Personal

While I am learning to be content with who I am, I want to continue growing into the best version of myself. Who is that person? What positive habits do they have? What negative habits do they avoid? How will my mental and physical health improve? What will make me most happy?

By _____, I will have accomplished:

Professional

I am not my company, my career, or my job. But it plays a huge role in allowing me to be a better person, contribute to those around me, make an impact, and live with more freedom.

By _____, I will have accomplished:

Financial

Money is not everything. But money is an amazing tool to find freedom, to make an impact, and to support myself and others. I need to be intentional in earning, saving, giving, and investing money.

By _____, I will have accomplished:

Relational

I was not created to be alone. I have been called to contribute to and reap the benefits of amazing relationships with my family, friends, coworkers, and community members.

By _____, I will have accomplished:

Spiritual

My understanding of God directly affects my ability to see myself for who I am, to see the world for what it is, to work, to be in relationships, and even to manage my finances. I want to be confident in what I believe as well as how I will live that out so I can live my life in the best way possible.

By _____, I will have accomplished:

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